

MEDITATION MAGAZINE ADVERTISING

Make your *mindful brand* unforgettable.

Put your meditation, wellness, eco-conscious, or spiritual brand beside the world's leading voices—and into the hands of the people you want to reach.



8,000+

COPIES PER ISSUE

77%

FEMALE AUDIENCE

34K+

SOCIAL COMMUNITY

40K

EMAIL SUBSCRIBERS

64%

U.S. + CANADA WEB TRAFFIC

**Reach a focused wellness audience—and build
recognition that lasts.**

THE ADVANTAGE THAT COMPOUNDS

Clicks create moments.
Brand trust creates growth.

Performance ads can spark a quick sale. Long-term growth comes when people know your name, trust what you stand for, and think of you first.

Meditation Magazine makes your brand part of a premium experience readers choose to spend time with—not one more interruption in a crowded feed.

Be remembered before your customer is ready to buy.

Be seen alongside voices that shaped modern wellness.

Deepak Chopra • Sadhguru • Wim Hof • Rachel Brathen • Trevor Hall

Your ad shares the same premium editorial environment—giving your brand a powerful halo of relevance, recognition, and credibility.





Create a brand moment people can hold onto.

Print invites readers to slow down. A magazine can be noticed, picked up, displayed, shared, and revisited—extending the life of every placement.

8,000+

COPIES PER ISSUE

1,000s

RETAIL LOCATIONS

20+

COUNTRIES REACHED

Reach shoppers through leading retail channels including Whole Foods and Barnes & Noble.

*Beautifully made.
Built to be kept.*

2026 ISSUE • HOLIDAY SEASON

The Nature Issue lands November 20.

10,000 collectible copies on shelves through February 20.

SEP 9

PLACEMENT RESERVED + PAID

SEP 15

FINAL CREATIVE DELIVERED

NOV 20–FEB 20

MAGAZINE ON SHELVES



Meet people actively investing in a better life.

77%

FEMALE AUDIENCE

64%

U.S. + CANADA WEB TRAFFIC

Mind + body

Meditation, yoga, nutrition, beauty, retreats, fitness, and wellbeing

Growth + meaning

Personal growth, spirituality, coaching, education, and transformative experiences

Conscious living

Natural products, sustainable travel, apparel, home, technology, and nature

One trusted brand ecosystem. Multiple moments of discovery.

40K

Email subscribers

Direct access to a highly relevant audience

34K+

Social community

Across Instagram and Facebook

11K+

Monthly page views

Ongoing web discovery

1M+

Peace Issue digital reach

A breakthrough digital milestone

Print + digital

Built around your objective

Awareness, trust, and continuity

Turn attention into brand equity.

01

Familiarity

Become recognizable before the buying moment.

02

Trust

Build credibility inside a respected editorial setting.

03

Prestige

Elevate perception through beautiful presentation.

04

Staying power

Create impressions that last beyond a scroll.

Don't just interrupt attention. Become part of an experience readers value.

Choose the presence that fits your brand.

Print advertising

Full-page and fractional placements

Premium positions

Cover and standout placement opportunities

Sponsored storytelling

Useful stories built around your expertise

Digital visibility

Website, email, and social amplification

Awareness Make a memorable entrance in print.

Launch Pair visual presence with a fuller story.

Continuity Stay present across multiple channels.

Choose the canvas that fits your story.

Print dimensions include 1/8-inch bleed. Submit PDF, PNG, or TIFF in full color at 300 dpi.

728 × 90 px

DIGITAL LEADERBOARD

300 × 600 px

DIGITAL SKYSCRAPER

8.5 × 11 FULL PAGE	17 × 11 TWO-PAGE SPREAD	8.5 × 7.25 TWO-THIRDS PAGE	8.5 × 5.5 HALF · HORIZONTAL
4.25 × 11 HALF · VERTICAL	8.5 × 3.25 THIRD · HORIZONTAL	2.75 × 11 THIRD · VERTICAL	4.25 × 5.5 QUARTER PAGE

All print dimensions in inches and inclusive of bleed

Final full-page trim: 8.375 × 10.875 in

Safe margin: 1/4 in minimum

Creative support available

ADVERTISING PARTNERSHIPS WITH MEDITATION MAGAZINE

Make your mindful brand *impossible to overlook.*

Build trust, recognition, and lasting brand value with Meditation Magazine.

bodhi@meditationmag.com

[Tell us about your campaign →](#)

