

MEDITATION MAGAZINE ADVERTISING

Make your *mindful* *brand* unforgettable.

Put your wellness, nature, relationship, happiness, or conscious-living brand beside the world's leading voices—and into the hands of the people you want to reach.



8,000+

COPIES PER ISSUE

77%

FEMALE AUDIENCE

34K+

SOCIAL COMMUNITY

40K

EMAIL SUBSCRIBERS

64%

U.S. + CANADA WEB TRAFFIC

**Reach a focused wellness audience—and build
recognition that lasts.**

THE ADVANTAGE THAT COMPOUNDS

Clicks create moments.
Brand trust creates growth.

Performance ads can spark a quick sale. Long-term growth comes when people know your name, trust what you stand for, and think of you first.

Meditation Magazine makes your brand part of a premium experience readers choose to spend time with—not one more interruption in a crowded feed.

Be remembered before your customer is ready to buy.

Be seen alongside voices that shaped modern wellness.

Deepak Chopra • Sadhguru • Wim Hof • Rachel Brathen • Trevor Hall

Your ad shares the same premium editorial environment—giving your brand a powerful halo of relevance, recognition, and credibility.





Beautifully made.
Built to be kept.

Create a brand moment people can hold onto.

Print invites readers to slow down. A magazine can be noticed, picked up, displayed, shared, and revisited—extending the life of every placement.

8,000+

COPIES PER ISSUE

1,000S

RETAIL LOCATIONS

20+

COUNTRIES REACHED

Reach shoppers through leading retail channels including Whole Foods and Barnes & Noble.

2026 HAPPINESS ISSUE • HOLIDAY SEASON

Meet readers where happiness begins.

10,000 collectible copies exploring what helps people flourish—with a major visual nature section plus relationships, wellbeing, inner life, and everyday joy.

NATURE & OUTDOORS

WELLNESS & SUPPLEMENTS

RELATIONSHIPS

TRAVEL & RECREATION

MINDFUL LIVING

JOY & PLAY

SEP 9

PLACEMENT RESERVED + PAID

SEP 15

FINAL CREATIVE DELIVERED

NOV 20–FEB 20

MAGAZINE ON SHELVES



Meet people actively investing in a better life.

77%

FEMALE AUDIENCE

64%

U.S. + CANADA WEB TRAFFIC

Mind + body

Meditation, yoga, nutrition, beauty, retreats, fitness, and wellbeing

Growth + relationships

Personal growth, conscious relationships, coaching, education, and transformative experiences

Happiness + nature

Outdoor recreation, sustainable travel, natural products, home, technology, and everyday joy

One trusted brand ecosystem. Multiple moments of discovery.

40K

Email subscribers

Direct access to a highly
relevant audience

34K+

Social community

Across Instagram and Facebook

11K+

Monthly page views

Ongoing web discovery

1M+

**Peace Issue digital
reach**

A breakthrough digital milestone

**Print +
digital**

**Built around your
objective**

Awareness, trust, and continuity

Turn attention into brand equity.

01

Familiarity

Become recognizable before the buying moment.

02

Trust

Build credibility inside a respected editorial setting.

03

Prestige

Elevate perception through beautiful presentation.

04

Staying power

Create impressions that last beyond a scroll.

Don't just interrupt attention. Become part of an experience readers value.

Choose the presence that fits your brand.

Print advertising

Full-page and fractional placements

Premium positions

Cover and standout placement opportunities

Sponsored storytelling

Useful stories built around your expertise

Digital visibility

Website, email, and social amplification

Awareness Make a memorable entrance in print.

Launch Pair visual presence with a fuller story.

Continuity Stay present across multiple channels.

AD RATES FOR 2026

Choose your place in the story.

Start with the placement that fits your goals, then let’s shape a campaign around your audience, timing, and budget.

QUARTER PAGE	THIRD PAGE	HALF PAGE	FULL PAGE
\$700	\$900	\$1,200	\$2,000
DOUBLE PAGE SPREAD	BACK INSIDE COVER / SPREAD	FRONT INSIDE COVER / SPREAD	BACK COVER
\$2,900	\$2,700 / \$3,700	\$3,000 / \$4,000	\$5,500

Flexibility

We can work with your needs, goals, and budget.

Creativity

Print + online, multi-issue packages, featured articles, and more.

Bonus

Full-page-or-larger orders receive online marketing, including social promotion.

Our goal: long-term, win-win advertiser relationships. Tell us what would work for you, and we’ll do our best to accommodate your needs.

Choose the canvas that fits your story.

Print dimensions include 1/8-inch bleed. Submit PDF, PNG, or TIFF in full color at 300 dpi.

728 × 90 px DIGITAL LEADERBOARD

300 × 600 px DIGITAL SKYSCRAPER

8.5 × 11

FULL PAGE

17 × 11

TWO-PAGE SPREAD

8.5 × 7.25

TWO-THIRDS PAGE

8.5 × 5.5

HALF · HORIZONTAL

4.25 × 11

HALF · VERTICAL

8.5 × 3.25

THIRD · HORIZONTAL

2.75 × 11

THIRD · VERTICAL

4.25 × 5.5

QUARTER PAGE

All print dimensions in inches and inclusive of bleed

Final full-page trim: 8.375 × 10.875 in

Safe margin: 1/4 in minimum

Creative support available

2026 HAPPINESS ISSUE ADVERTISING

Make your mindful brand *impossible to overlook.*

Build trust, recognition, and lasting brand value with Meditation Magazine. Reach Kevin directly in whichever way is easiest.

EMAIL kevin@meditationmag.com

TEXT (646) 673-4560

BOOK A 15-MINUTE
CALL bit.ly/kevin15 ↗

