

UPCOMING NATURE ISSUE

Where presence meets *the wild.*

A tactile, thoughtful setting for brands helping people live with greater wonder, wellbeing, and connection.

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Independent media for a more mindful world.

Colorful, curious, secular and spiritual—without becoming generic wellness media.



Meditation Magazine explores meditation, yoga, wellbeing, spirituality, and conscious living through an expressive editorial lens. Partnerships help sustain the mission of making the world happier through meditation.

Shown: local preview extracted from Issue 12, The Hope Issue.

An invitation to look closer.

Nature's beauty. Enjoying and protecting it. Humanity's relationship with the living world. Human nature. Wonder and presence.

Wonder

Protection

Belonging

Presence



A platform with roots— and numbers with context.

PLANNED

10,000

Nature Issue copies

Planning figure; not yet printed or distributed. Intended mostly U.S., with some Canada.

CURRENT · AUG 2026

≈34K

IG + FB followers

Rounded public counts (13K + 21K), not deduplicated or campaign reach.

HISTORICAL · 2025 KIT

8,000+

Copies per issue

Reported circulation; verify before presenting as current.

Sources: owner-provided Nature Issue plan; public Instagram/Facebook metadata accessed Aug. 4, 2026; 2025 Meditation Magazine media kit. First-party claims are not independently audited.

Print, web, social—and a history of discovery.

These figures describe different periods and definitions. They must not be summed or presented as guaranteed campaign delivery.

HISTORICAL

20+

Countries

Reported footprint in thousands of stores; not current placement.

HISTORICAL · 2025

11K+

Monthly page views

Self-reported page views, not audited users.

HISTORICAL · 2024

1M+

Inboxes reported

Peace Issue claim; “inboxes” is undefined, not opens or readers.

Sources: Meditation Magazine public advertising page and 2025 media kit, accessed Aug. 4, 2026.

Built for mindful, multidimensional interests.

A context—not an unsupported demographic profile.

Current reader demographic and affluence claims are intentionally omitted pending documented first-party evidence.

Mindfulness

Meditation, yoga, retreat,
sleep, wellbeing

Living world

Outdoors, travel,
conservation, education

Conscious goods

Sustainable food, drink,
home, apparel

Curious spirit

Art, books, discovery,
spirituality



Shown: local preview extracted from Issue 11, The Peace Issue.

Designed to be held,
revisited, and shared.

Print gives ideas—and aligned brands—room to breathe.

Issue-specific creative, position, materials, and availability are confirmed in proposal. No performance outcome is promised.

Choose the role your brand should play.

01

Print display

High-impact placements in a focused editorial setting.

02

Sponsored storytelling

Useful, clearly disclosed stories reviewed for reader value.

03

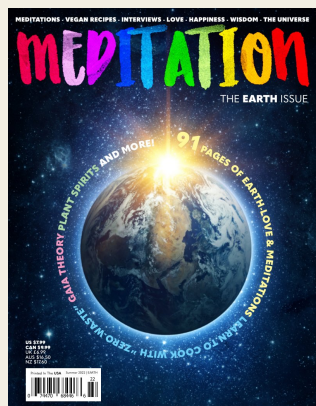
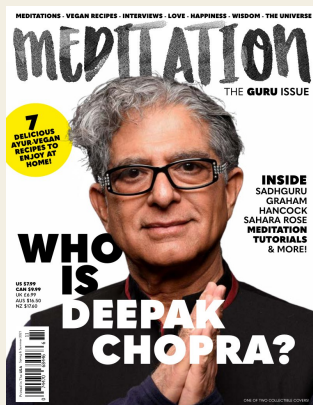
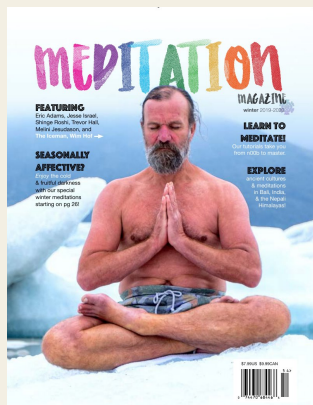
Digital continuity

Potential web, email, or social extensions scoped per campaign.

Inventory, pricing, dates, delivery, and creative requirements are confirmed in a written proposal.

Thirteen available editions.

One evolving story.



From hand-distributed beginnings to a planned 10,000-copy edition.

Growth told with the correct tense.

Historical claims: Meditation Magazine Subscribe/Advertise pages and 2025 kit. Nature Issue: owner-provided plan. Accessed Aug. 4, 2026.

2018 Issue 01: 1,000 copies, reportedly distributed free around New York City.	Issues 02–04 Reported expansion from U.S. stores to U.S./Canada, then a 20+ country footprint.
2025 context 8,000+ copies per issue reported in the prior media kit.	Nature Issue 10,000 planned, intended mostly U.S. with some Canada.

Clear handoffs make better work.

Final trim*	8.375 × 10.875 in
Bleed*	0.125 in
Safe margin*	At least 0.25 in
Creative review	Required

***Verify before artwork:** sold unit, exact dimensions, color profile, file format, proofing, reservation date, and materials deadline.

01	02	03	04
Share goals, audience, timing & budget.	Shape available placements.	Confirm proposal & creative.	Publish & report as agreed.

Digital specifications remain campaign-specific until current responsive inventory is confirmed.

BRING YOUR BRAND INTO THE NATURE ISSUE

Let's make something *meaningful.*

Tell us what you're building and who you hope to reach.

bodhi@meditationmag.com

[Campaign_form_2](#)

